

Ruined lashes, DIY fix?

Vložil Lada - 31/05/2026 16:38

My natural lashes are completely trashed from using waterproof mascara every single day just to keep them curled. When I take my makeup off at night, they literally fall out in clumps and I'm starting to look bald smh. I'm thinking about trying DIY individual extensions at home so I can just skip makeup altogether, but I've never done it before. Is it hard to map them out yourself or will I just end up gluing my eyes shut? Need some real advice here.

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Re: Ruined lashes, DIY fix?

Vložil Dohir - 31/05/2026 16:48

My girlfriend had the exact same issue last year from constantly scrubbing off heavy makeup. Her lashes were short and broken, so she switched to doing those individual lash sets at home. The first time she tried it, it took her forever and she was stressed out, but now she does it in like 15 minutes while watching TV. They look way better and more natural than clumpy mascara anyway. Just take your time and don't rush it on your first try.

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Re: Ruined lashes, DIY fix?

Vložil Vivienne - 31/05/2026 17:23

You need to throw that waterproof mascara in the trash right now, it's a total trap for your natural lashes! I switched to DIY individuals months ago and it's the only reason my lashes finally grew back and healed. The main trick for beginners is using high-quality, lightweight singles so they don't weigh your eyes down. Check out these <https://stacylash.com/collections/individual-eyelash-extensions> because they are super soft, don't feel like plastic, and the base is thin enough that it's really easy to attach even if your hands shake. Get a good low-fume glue, start from the outer corners, and you'll be totally fine.

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